

Issue Highlights

- **Dietary Treatment in Chinese Medicine**
- **Provision of Nutritional Services**
- **Comprehensive Care Center— Nashville, TN**

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HIV-AIDS Dietary Treatment in Chinese Medicine

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This article briefly addresses the nurturing of the 'mind/body/spirit' within the context of HIV/AIDS via foods through dietary issues.

THE POWER OF FOOD

Even western MD's who are HIV positive realize the power of food. There are great disadvantages to our 'beings' in the eating of 'junk foods'. Changing one's eating habits is not easy and takes time, effort and re-education.

The Chinese Classic <<http://www.amazon.com/exec/obidos/ASIN/1570620806/hivresoinc>>, 'Huang Di Nei Jing', states that 'all people live on food'. Qi is often referred to as the life force (energy) of the body that flows through all things. It is the most

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Nutrition Forum

Nutritional Services For People Living With HIV

Question: How has the provision of nutritional services changed since the beginning of the AIDS pandemic?

Answer: Sharon Ann Meyer <sharon@hivresources.com>, AS,

AA, DTR, Certified HIV Counselor and President of HIV ReSources, Inc., responds: Nutritional management of HIV infection has become increasingly complex since the introduction of highly-active antiretroviral therapy (HAART). During the last few years, the reported incidence of HIV infection